



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Introduction to PE : Unit 1	Dance : Unit 1	Gymnastics : Unit 1	Fundamentals : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Introduction to PE : Unit 2 Fundamentals : Unit 2	Ball Skills : Unit 1 Dance : Unit 1	Ball Skills : Unit 2 Gymnastics : Unit 1	Games : Unit 1 Dance : Unit 2	Games : Unit 2 Gymnastics : Unit 2
Year 1	Fundamentals Dance	Ball Skills Yoga	Invasion Games Gymnastics	Sending and Receiving Team Building	Striking and Fielding Games Target Games	Athletics Fitness
Year 2	Ball Skills Dance	Fitness Yoga	Gymnastics Target Games	Team Building Sending and Receiving	Net and Wall Games Striking and Fielding Games	Invasion Games Athletics
Year 3	Fundamentals Y3/4 Dance	Parkour Football	Gymnastics Hockey	Yoga Cricket Fundamentals Y3/4	Athletics Dodgeball	Tennis Ball Skills Y3/4
Year 4	Ball Skills Y3/4 Parkour	Dodgeball Dance	Gymnastics Hockey	Cricket Fundamentals Y3/4	Athletics Cricket	Swimming Rounders
Year 5	Hockey Dance	Football Yoga	Swimming Gymnastics	Swimming Cricket	Athletics Swimming	Dodgeball Tennis OAA
Year 6	OAA Swimming	Swimming Hockey	Netball Gymnastics	Cricket Dance	Athletics Cricket	Golf Badminton Y5/6 Rounders